

Blessed Are Those Who Mourn



Matthew 5:4

- The Sermon on the Mount, found in Matthew Chapters 5-7, which contains the words of Jesus Christ as He taught His disciples at the outset of His earthly ministry.
 - Matthew 5:1-12, begins with the “beatitudes” which describes the character of every Kingdom citizen.
- A. As we study these Eight Beatitudes found in Matthew 5:1-10, it will help us to grow in our understanding what it means to be a follower of Jesus Christ.
1. I believe we will learn the distinguishing marks of what it means to be a true Christian and not a carnal Christian.
 2. I believe it will cause us to search our own hearts and view our own lives from Christ’s perspective and not the world’s perspective.
 3. I believe these qualities reveal the true character of the citizens of the Kingdom of God. The blessing for every Kingdom citizen is the hope and glorious reward that we can expect both now and for eternity.
 4. The Sermon on the Mount was not given by Jesus Christ as the way of salvation for the lost, but as the way of life for true believers and citizens of the Kingdom of God.
- Purpose: to teach us what it truly means to be a true follower of Jesus Christ.
 - Goal: to make us aware of our need for God and to help us to pursue a life that is well-pleasing in the sight of God.
 - Spiritual Principles: Stewardship, Faith, Obedience, Agreement, Unconditional Love
- What does the word “blessed” mean?
 1. The word “blessed” is known to mean happy or fortunate.
 2. The word “blessed” is a spiritual joy and satisfaction that lasts regardless of conditions; that carries one through pain, sorrow, loss, and grief.

D. In Matthew 5:3, Jesus said, “Blessed are the poor in spirit, “For theirs is the kingdom of heaven.”

- 1. Being “poor in spirit” is to be in spiritual poverty; to be conscious of one’s continual dependence on God.**
- 2. Being “poor in spirit” is a personal awareness and recognition before God, that there is nothing in us, about us, that warrants any sense of self-sufficiency.**
- 3. Being “poor in spirit” does not mean that a man must be financially poor or poverty-stricken.**
- 4. Being materially poor, does not mean a person is “poor in spirit.”**
- 5. It means to recognize our helplessness, our spiritual poverty or spiritual need without God. That means the believer solely trusts and relies on God to meet their every need.**
- 6. It means to recognize that life without Jesus Christ is a life apart from God throughout all eternity.**
- 7. It means to recognize that all spiritual blessings that we receive in life and eternity comes from God through Jesus Christ. (Ephesians 1:3, John 10:10, Galatians 5:22-23)**
- 8. It means to recognize that no matter what achievement we receive or reach in this world (power, position, money or fame), without Jesus Christ our lives still remain inadequate and insufficient.**

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- In (Matthew 5:4), “Jesus pronounces blessings on those who mourn and He declares that they shall be comforted.”**
 - These are powerful words of Jesus spoken over the life every true believer that God will comfort us.**
- 1. The word “mourn” means to feel or express grief or sorrow; to have a broken heart over or to be in wailing.**
 - 2. It is a type of mourning and wailing or weeping that occurs over the death of a loved one.**

3. It is sorrow that a person feels deeply saddened, desperate, or helpless sorrow.
4. It is a deep sorrow or to be broken hearted over the state of the world due to sin and the destruction it causes in the life of both believers and unbelievers.
5. It is a deep sorrow or deep grief over the effect of sin, evil and suffering in our world.
6. It is a sorrow not just for one's own personal sins, but because of the state and condition of our world.

A. Who are "those who mourn" or are deeply saddened, broken hearted, full of grief or wailing within?

- It is the true believer who has experienced God's true mercy and grace in their own personal lives. (Ephesians 2:8-10, 1Corinthians 15:9-10)
- It is the true believer who knows the power of the gospel of Jesus Christ. (Romans 1:16, 1 Corinthians 1:18)
- It is the true believer who loves what God loves, hates what God hates and is sadden by what sadden the heart of God.
- It is the true believer who knows the power of God's forgiveness through His Son Jesus Christ and are now able to walk in forgiveness. (Luke 7:36-50)
- It is the true believer who knows the freedom and deliverance that Jesus Christ released in their own personal lives. (John 8:36)
- It is the true believer who experienced the love of God in their lives and willingly share that same love of God with others. (1 John 4:7-8, John 13:34-35)
- It is the true believer who peace with God and the peace of God in their lives because of Jesus Christ. (Romans 5:1, Philippians 4:6-7)
- It is the true believer who experienced the joy of the Lord because of Jesus Christ wonderful gift of salvation.
- It is the true believer who has assurance in this life, but also life eternal in the presence of God. (John 3:16, John 10:28)
- It is the true believer who experiences the rest of God in their lives. (Matthew 11:28 -30, Exodus 33:14)

B. There is a difference between godly sorrow and worldly sorrow. (2 Corinthians 7:5-11)

- **Apostle Paul had experienced unrest, trouble and fears when he arrived in Macedonia after not hearing from Titus regarding the Corinthians.**
- 1. (vs. 9-10) – Paul teaches that godly sorrow or grief produces repentance leading to salvation.**
 - **Peter experienced godly sorrow immediately after he denied that he ever knew Jesus three times. This led to repentance and total commitment to the mission of Jesus Christ. (Matthew 26:75, John 21:15-19)**
 - **David experienced godly sorrow when He sinned against God, by committing adultery with Bathsheba, gets her pregnant and puts her husband on the frontline of battle to increase his chances of being killed (2 Samuel 11-12).**
 - **David acknowledges his sin and repents of all his wrong doing. God brings spiritual restoration to David’s life. (Psalm 51:1-17)**
 - 2. (vs. 10) – Paul teaches that worldly sorrow or grief produces death.**
 - **After Judas betrayed Jesus, He knew he had sinned and what he had done was wrong. Even though he was remorseful, he was unwilling to repent. Judas ended up hanging himself. (Matthew 27:3-5)**
 - 3. When Jesus was approaching Jerusalem from the Mount of Olives, His disciples welcomed him with joyful shouts of praise to God (Luke 19:36-38).**
 - **All of a sudden, Jesus began to weep. Jesus Christ weep for the city of Jerusalem and the people who rejected Him (Luke 19:41-44).**
 - **What can we learn from these verses of scripture about Jesus, the city and its people?**
 - 1. The love and compassion that Jesus has for the city of Jerusalem and the people there. (Matthew 23:37-39, Luke 13:34-35)**
 - **(vs. 41) – “Now as He drew near, He saw the city and wept over it...”**

- The word “saw the city” means Jesus was looking and gazing upon the city with deep intensity.
 - In other words, Jesus looked at the city with such regard and concern due to its tragic condition.
2. The word “wept” means to weep, to wail, to mourn, to sob over or to burst into tears.
- In other words, Jesus Christ was literally heartbroken over Jerusalem and the people there.
 - As believers do we mourn over what we see when we look at the state of our world and even the state of the church?
 - As believers do we mourn over what we see when we look at our world and how sin continues to ravage the life of mankind, his family, his community, his city, his schools, his nation and his world?
 - (vs. 36-38) – While the disciples are celebrating Jesus Christ as King.
 - The city and His disciples were celebrating, but Jesus was weeping over the city and its people.
 - This was supposed to be the moment that they had waited so long for – the arrival of Messianic King, the Messiah of the Old Testament prophecy.
 - As He approached Jerusalem, Jesus began to shed tears over the city as He predicted its terrible fate and destruction by its enemies.
 - (vs. 42) – saying, “If you had known, even you, especially in this your day, the things that make for your peace! But now they are hidden from your eyes.”
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 - What caused Jesus to weep over the city and its people?
 - The city and its people had rejected the true Messiah – Jesus Christ.
 - They rejected the only person who could give them true peace in their lives – that is Jesus Christ.
 - They were visited by the Savior, Jesus Christ, the only one who could give them peace and promise of eternal life – yet they rejected Him.
 - They rejected Jesus Christ the only one who could open up the way of peace for all – peace with God, peace of God and peace within ourselves.